

**DEFINED DATABASE**

**MEDICAL CARE CENTER  
201 S. MILWAUKEE  
LAKE VILLA, IL 60046**

PREVENTIVE MEDICINE - INTERNAL MEDICINE - CARDIOLOGY

Patient's name \_\_\_\_\_  
Birthdate \_\_\_\_\_ Age \_\_\_\_\_  
Address \_\_\_\_\_ Zip \_\_\_\_\_  
\_\_\_\_\_  
Phone Number (     ) \_\_\_\_\_ Date \_\_\_\_\_

**HISTORY**

Cardiovascular:

Check Yes or No for each question:

	<u>NO</u>	<u>YES</u>	<u>WHEN</u>
1. Do you now have, or have you ever had pain or discomfort in the chest or arms? IF NO, SKIP TO QUESTION #18.	_____	_____	_____
2. Is or was the pain or discomfort located:			
(a) beneath the breast bone?	a _____	_____	_____
(b) near the left nipple?	b _____	_____	_____
(c) near the right nipple?	c _____	_____	_____
(d) in the back:	d _____	_____	_____
(e) some other place in the chest, if so, where? _____	e _____	_____	_____
(f) in the left arm?	f _____	_____	_____
(g) in the right arm?	g _____	_____	_____
(h) in the left shoulder?	h _____	_____	_____
(i) in the right shoulder?	i _____	_____	_____
(j) in the left elbow?	j _____	_____	_____
(k) in the right elbow?	k _____	_____	_____
(l) in the left wrist?	l _____	_____	_____
(m) in the right wrist?	m _____	_____	_____
(n) other (specify): _____	n _____	_____	_____

	<u>NO</u>	<u>YES</u>	<u>WHEN</u>
3. Does or did the pain in the chest spread to the:			
(a) neck?	a	_____	_____
(b) jaw?	b	_____	_____
(c) teeth?	c	_____	_____
(d) left arm?	d	_____	_____
(e) right arm?	e	_____	_____
(f) both arms?	f	_____	_____
(g) left arm and neck?	g	_____	_____
(h) other (specify): _____	h	_____	_____
4. Is or was the pain produced by:			
(a) walking?	a	_____	_____
(b) climbing stairs?	b	_____	_____
(c) sexual intercourse?	c	_____	_____
(d) being upset?	d	_____	_____
(e) eating?	e	_____	_____
(f) eating and then walking?	f	_____	_____
(g) exposure to the cold?	g	_____	_____
(h) other (specify): _____	h	_____	_____
5. Does or did the pain wake you at night?	_____	_____	_____
6. Is or was the pain made worse by taking a deep breath?	_____	_____	_____
7. Is or was the pain made worse by twisting the upper part of the body?	_____	_____	_____
8. Is or was the pain made worse by moving the arms and shoulders?	_____	_____	_____
9. Does or did the pain or discomfort last:			
(a) one second or less?	a	_____	_____
(b) one minute or less?	b	_____	_____
(c) one to five minutes?	c	_____	_____
(d) five to ten minutes?	d	_____	_____
(e) ten to fifteen minutes?	e	_____	_____
(f) more than fifteen minutes?	f	_____	_____
(g) hours at a time?	g	_____	_____
(h) days at a time?	h	_____	_____
(i) longer?	i	_____	_____
10. Do or have you used nitroglycerin for the pain?	_____	_____	_____
11. Does or did the nitroglycerin relieve the pain or discomfort within:			
(a) one minute?	a	_____	_____
(b) thirty seconds?	b	_____	_____
(c) one to two minutes?	c	_____	_____
(d) five minutes?	d	_____	_____
(e) more than ten minutes?	e	_____	_____

	<u>NO</u>	<u>YES</u>	<u>WHEN</u>
12. When did you first notice chest discomfort? _____			
13. Assuming you first noticed the chest discomfort some time in the past, how long have you been free of discomfort? _____			
14. How often do you have the chest discomfort now? _____			
15. Has the chest discomfort changed in the last month? IF NO, SKIP TO QUESTION #16.	—	—	—
(a) are you having more attacks during the last month?	a	—	—
(b) is less effort required to cause the discomfort?	b	—	—
(c) does the discomfort wake you at night?	c	—	—
(d) does the discomfort last longer than it did one month ago?	d	—	—
(e) does nitroglycerin relieve you as quickly as it did a month ago?	e	—	—
16. Are you now, or have you been short of breath? IF NO, SKIP TO QUESTION #24.	—	—	—
17. Does walking or climbing stairs make you short of breath? _____	—	—	—
18. Do you elevate your head with a pillow in order to breathe easier at night? _____	—	—	—
19. Have you been awakened from sleep with breathlessness or cough? _____	—	—	—
20. Is your shortness of breath increasing in frequency or severity? _____	—	—	—
21. Do you notice yourself breathing rapidly at times? _____	—	—	—
(a) do you develop numbness around the lips and in the fingers when you breathe rapidly? _____	—	—	—
22. Do you sigh often? _____	—	—	—
23. Do you notice wheezing when you breathe? _____	—	—	—
24. Do you cough more at night? _____	—	—	—
25. Have you ever coughed up blood? _____	—	—	—

	<u>NO</u>	<u>YES</u>	<u>WHEN</u>
26. Have you ever fainted?	_____	_____	_____
27. Have you fainted or nearly fainted in the past year?	_____	_____	_____
28. Are you conscious of your heartbeat?	_____	_____	_____
29. Does your heart 'skip' beats?	_____	_____	_____
30. Have you ever had a rapid heartbeat?	_____	_____	_____
(a) was the rapid beat regular?	a _____	_____	_____
(b) was the rapid beat irregular?	b _____	_____	_____
(c) did the rapid beat start suddenly and stop suddenly?	c _____	_____	_____
31. Have you noticed swelling of:			
(a) both feet and both ankles?	a _____	_____	_____
(b) right foot and lower right leg?	b _____	_____	_____
(c) left foot and lower left leg?	c _____	_____	_____
32. Have you noticed tenderness in:			
(a) the right calf?	a _____	_____	_____
(b) the left calf?	b _____	_____	_____
33. Do you notice pain or tightness in your feet, calves, thighs or buttocks while walking?	_____	_____	_____
34. Have you ever had painful whitening of your fingertips when you are cold?	_____	_____	_____
35. Do you have or have you ever had an unexplained fever?	_____	_____	_____
36. Have you ever had:			
(a) rheumatic fever?	a _____	_____	_____
(b) joint pain for which you were placed at bed rest?	b _____	_____	_____
(c) a heart murmur?	c _____	_____	_____
(d) angina pectoris or a heart attack?	d _____	_____	_____
(e) pericarditis?	e _____	_____	_____
(f) blood clot in the lungs?	f _____	_____	_____
(g) phlebitis?	g _____	_____	_____
(h) heart surgery?	h _____	_____	_____
(i) varicose veins?	i _____	_____	_____
(j) vein surgery?	j _____	_____	_____
(k) artery surgery?	k _____	_____	_____
(l) been in an automobile or other serious accident?	l _____	_____	_____
(m) bacterial endocarditis?	m _____	_____	_____

	<u>NO</u>	<u>YES</u>	<u>WHEN</u>
(n) high blood pressure?	_____	_____	_____
(o) stroke?	_____	_____	_____
(p) high blood fat?	_____	_____	_____
(q) an electrocardiogram made?	_____	_____	_____
(r) a chest x-ray made?	_____	_____	_____
(s) cardiac catheterization?	_____	_____	_____
(t) an echocardiogram?	_____	_____	_____
37. Do you:			
(a) participate in sports without a regular training program?	a_____	_____	_____
(b) have a regular exercise training program?	b_____	_____	_____
(c) fail to exercise at all or only rarely?	c_____	_____	_____
(d) smoke?	d_____	_____	_____
(e) drink 5 or more cups of coffee daily?	e_____	_____	_____
(f) drink more than 4 ounces of alcohol or wine each week?	f_____	_____	_____
(g) drink more than 2 cans of beer each week?	g_____	_____	_____
(h) have you gained weight since you were 21 years of age?	h_____	_____	_____
(i) do you consider yourself overweight?	i_____	_____	_____
(j) do you feel you are under pressure most of the time?	j_____	_____	_____
(k) do others feel you are overcritical of yourself or your work?	k_____	_____	_____
(l) do you have many 'deadlines' each day?	l_____	_____	_____
(m) do you get upset if you can't meet your deadlines?	m_____	_____	_____
38. Have you ever taken any of the following medications?			
(a) Digitalis?	a_____	_____	_____
(b) Nitroglycerine?	b_____	_____	_____
(c) Quinidine?	c_____	_____	_____
(d) Pronestyl?	d_____	_____	_____
(e) Propranolol (Inderal)?	e_____	_____	_____
(f) pills or shots to eliminate fluid through the kidneys?(specify):	f_____	_____	_____
(g) _____ blood pressure medications?(specify):	g_____	_____	_____
(h) _____ blood thinning medications?(specify):	h_____	_____	_____
(i) _____ other heart medications?(specify):	i_____	_____	_____

Endocrine:

	<u>NO</u>	<u>YES</u>	<u>WHEN</u>
39. Do you consider yourself underweight?	___	___	___
40. Have you lost weight recently?	___	___	___
41. Is your appetite:			
(a) poor?	a ___	___	___
(b) the same as it has been?	b ___	___	___
(c) excessive (more than usual)?	c ___	___	___
42. Have you ever had:			
(a) an overactive thyroid?	a ___	___	___
(b) an underactive thyroid?	b ___	___	___
(c) a thyroid operation?	c ___	___	___
(d) radioactive drug treatment for your thyroid?(specify):	d ___	___	___
(e) sugar diabetes?	e ___	___	___
(f) other endocrine gland problems? (specify):	f ___	___	___
43. Have you taken:			
(a) drugs to lose weight?	a ___	___	___
(b) drugs to gain weight?	b ___	___	___
(c) oral medication for diabetes?	c ___	___	___
(d) insulin for diabetes?	d ___	___	___
(e) corticosteroid?	e ___	___	___
(f) thyroid pills?	f ___	___	___

Eye:

44. Are you troubled with eye pain?	___	___	___
45. Have you ever had double vision?	___	___	___
46. Do you wear glasses? ___ contact lenses? ___			
(a) is your vision good with them?	a ___	___	___
47. Do you use eye drops?	___	___	___
48. Do you have glaucoma?	___	___	___
49. Have you ever had retinal detachment?	___	___	___
50. Have you ever had loss of vision in one or both eyes?	___	___	___

NO      YES      WHEN

51. Do you have cataracts? \_\_\_\_\_
52. Have you ever had eye surgery? \_\_\_\_\_
53. Do you have any other eye trouble? \_\_\_\_\_
- If yes, specify: \_\_\_\_\_
54. Has it been over a year since you have had your eyes examined? \_\_\_\_\_

Ear:

55. Do you have trouble hearing? \_\_\_\_\_
56. Do you wear a hearing aid? \_\_\_\_\_
57. Do you have ringing or buzzing in your ears? \_\_\_\_\_
58. Have you had vertigo or dizziness? \_\_\_\_\_
59. Have you had an ear operation for deafness? \_\_\_\_\_
60. Are you often exposed to loud noises? \_\_\_\_\_
61. Do you use sharp objects to clean your ears? \_\_\_\_\_

Nose:

62. Do you have nose bleeds? \_\_\_\_\_
63. Do you have a nasal discharge? \_\_\_\_\_
64. Do you have trouble breathing through your nose? \_\_\_\_\_
65. Do you have or have you ever had bad sinus trouble? \_\_\_\_\_

Dental:

66. Do you have bad teeth in need of repair? \_\_\_\_\_

	<u>NO</u>	<u>YES</u>	<u>WHEN</u>
67. Do you have difficulty eating because of trouble with teeth or gums?	_____	_____	_____
68. Do you bleed a long time after a tooth is extracted?	_____	_____	_____
69. Have all your teeth been removed?	_____	_____	_____
70. Do you have pyorrhea?	_____	_____	_____
71. Do you have any other dental problems?	_____	_____	_____
If yes, specify: _____			
_____			
72. Do you fail to go to the dentist at least once a year?	_____	_____	_____
73. Do you fail to brush your teeth at least once a day?	_____	_____	_____
74. Do you fail to use dental floss or tape?	_____	_____	_____

Mouth, Throat & Larynx:

75. Do you have sores or soreness on the lips or tongue?	_____	_____	_____
76. Do you have pain or difficulty in swallowing?	_____	_____	_____
77. Do you have hoarseness?	_____	_____	_____
78. Do you have a lump in your neck?	_____	_____	_____
79. Do you have a frequent sore throat with fever?	_____	_____	_____
80. Have you had an operation on your larynx?	_____	_____	_____
81. Have you had trouble with your salivary glands?	_____	_____	_____
82. Have you had other mouth, throat, or larynx problems?	_____	_____	_____
If yes, specify: _____			
_____			



Lungs:

	<u>NO</u>	<u>YES</u>	<u>WHEN</u>
83. Do you have a cough? If yes, for how long: _____	_____	_____	_____
84. Do you cough up phlegm? If yes: a. How often do you cough up phlegm b. Has it ever been blood streaked _____	_____	_____	_____
85. Have you coughed up blood?	_____	_____	_____
86. Have you been short of breath? (a) Does the shortness of breath interfere with your activities?	_____	_____	_____
87. Have you ever had asthma?	_____	_____	_____
88. Do you wheeze?	_____	_____	_____
89. Have you been diagnosed as having lung disease?	_____	_____	_____
90. Have you ever had pneumonia?	_____	_____	_____
91. Have you ever had a blood clot go to your lungs?	_____	_____	_____
92. Have you ever had a collapsed lung?	_____	_____	_____
93. Have you ever had tuberculosis?	_____	_____	_____
94. Have you been given drugs for the prevention or treatment of tuberculosis?	_____	_____	_____
95. Have you ever had a positive skin test for tuberculosis?	_____	_____	_____
96. Have you had an operation on your lungs? If yes, specify: _____	_____	_____	_____
97. Has it been more than a year since you have had a chest x-ray?	_____	_____	_____
98. Do you have other known lung diseases? If yes, specify: _____	_____	_____	_____

	<u>NO</u>	<u>YES</u>	<u>WHEN</u>
99. Have you had repeated or prolonged exposure to:			
(a) stone quarry dust?	a	_____	_____
(b) coal mine dust?	b	_____	_____
(c) asbestos?	c	_____	_____
(d) moldy wheat?	d	_____	_____
(e) beryllium? (element used as a hardening agent in alloys)	e	_____	_____
(f) cotton mill dust?	f	_____	_____
(g) metalworking?	g	_____	_____
(h) other substances that irritate the lungs?	h	_____	_____
Specify: _____			
100. Do you smoke cigarettes? _____ cigar? _____ pipe? _____ other? (specify): _____	_____	_____	_____
(a) How much do you smoke daily? _____			
(b) How long have you been smoking? _____			
101. If you do not smoke now, have you ever smoked?	_____	_____	_____
(a) When did you quit? _____			
(b) How long did you smoke? _____			
102. Do you take:			
(a) Isuprel?	a	_____	_____
(b) Aminophyllin?	b	_____	_____
(c) antibiotics for lung infections?	c	_____	_____
(d) other medications for your lungs?	d	_____	_____
Specify: _____			

Gastrointestinal:

	<u>NO</u>	<u>YES</u>	<u>WHEN</u>
103. Have you had abdominal pain?	_____	_____	_____
104. Do you vomit often?	_____	_____	_____
105. Have you ever vomited up dark brown material?	_____	_____	_____
106. Have you ever vomited up blood?	_____	_____	_____
107. Do you have indigestion, gas, heartburn, bloating, or sour stomach?	_____	_____	_____

	<u>NO</u>	<u>YES</u>	<u>WHEN</u>
108. Are you constipated?	_____	_____	_____
109. Do you take laxatives?	_____	_____	_____
110. Do you have 2 or more loose stools daily?	_____	_____	_____
111. Do you soil your underwear with bowel content?	_____	_____	_____
112. Have you ever noticed black stools?	_____	_____	_____
113. Have you ever noticed blood in your stools?	_____	_____	_____
114. Have you ever had rectal itching, burning, or pain?	_____	_____	_____
115. Have you ever lost your appetite?	_____	_____	_____
Specify? _____			
116. Have you ever had:			
(a) typhoid fever?	a _____	_____	_____
(b) stomach or duodenal ulcers?	b _____	_____	_____
(c) a diagnosis of hiatus hernia?	c _____	_____	_____
(d) jaundice?	d _____	_____	_____
(e) hepatitis?	e _____	_____	_____
(f) gallstones?	f _____	_____	_____
(g) cirrhosis?	g _____	_____	_____
(h) liver disease other than cirrhosis?	h _____	_____	_____
(i) ulcerative colitis or regional enteritis?	i _____	_____	_____
(j) diverticulosis?	j _____	_____	_____
(k) pancreatitis?	k _____	_____	_____
(l) peritonitis?	l _____	_____	_____
(m) polyp or tumor in the bowel or rectum?	m _____	_____	_____
(n) an inguinal hernia?	n _____	_____	_____
(o) an inguinal hernia repaired?	o _____	_____	_____
(p) appendectomy?	p _____	_____	_____
(q) gallbladder surgery?	q _____	_____	_____
(r) stomach surgery?	r _____	_____	_____
(s) surgery on intestine?	s _____	_____	_____
(t) hemorrhoids?	t _____	_____	_____
(u) surgery for hemorrhoids?	u _____	_____	_____
(v) other surgery on the rectum?	v _____	_____	_____
Specify: _____			
(w) other gastrointestinal problems?	w _____	_____	_____
Specify: _____			
(x) X-ray examination of your stomach or colon?	x _____	_____	_____
(y) proctoscopic or sigmoidoscopic examination?	y _____	_____	_____

- |  | <u>NO</u> | <u>YES</u> | <u>WHEN</u> |
|--|-----------|------------|-------------|
| 117. Have you taken:   |           |            |             |
| (a) Tums, Roloids, Maalox, or other antacids?                        | a         | _____      | _____       |
| (b) other medicines for your stomach or intestines? (specify): _____ | b         | _____      | _____       |

Genitourinary:

- |  |       |       |       |
|--|-------|-------|-------|
| 118. Have you ever had an infection in the kidney or bladder?  | _____ | _____ | _____ |
| 119. Have you ever had painful burning when you urinated?  | _____ | _____ | _____ |
| 120. Has your urine every been dark or bloody?   | _____ | _____ | _____ |
| 121. Have you ever been injured in the kidney?   | _____ | _____ | _____ |
| 122. Have you ever had nephritis - acute or chronic inflammation of the kidney, caused by an infection (Bright's disease)? | _____ | _____ | _____ |
| 123. Have you ever had tuberculosis of the kidney or bladder?  | _____ | _____ | _____ |
| 124. Have you ever had gonorrhoea?   | _____ | _____ | _____ |
| 125. Have you ever had syphilis?   | _____ | _____ | _____ |
| 126. Have you ever had a kidney stone?   | _____ | _____ | _____ |
| 127. Have you ever had an operation on the kidney or bladder?  | _____ | _____ | _____ |
| Specify: _____   |       |       |       |

(for men):

- |   |       |       |       |
|---|-------|-------|-------|
| 128. Have you ever had trouble starting to urinate?                             | _____ | _____ | _____ |
| 129. Do you frequently have to get up at night to urinate?                      | _____ | _____ | _____ |
| If yes, how often? _____  |       |       |       |
| 130. Have you had the feeling you had not emptied your bladder after urinating? | _____ | _____ | _____ |

	<u>NO</u>	<u>YES</u>	<u>WHEN</u>
131. Have you noticed a decrease in size of stream?	_____	_____	_____
132. Have you had a discharge from your penis?	_____	_____	_____
133. Have you been treated for prostate trouble?	_____	_____	_____
134. Do you feel you are losing your sex drive?	_____	_____	_____
135. Are you unable to sustain an erection?	_____	_____	_____
136. Have you had a prostate operation?	_____	_____	_____
Specify: _____			
137. Have you had a tumor of the testicle?	_____	_____	_____
138. Do you have a varicocele?	_____	_____	_____
139. Have you been sterilized?	_____	_____	_____
140. Do you take any form of sex hormone?	_____	_____	_____
(for women):			
141. Are you troubled by leaking urine?	_____	_____	_____
142. Are you pregnant now?	_____	_____	_____
143. Is inability to get pregnant a problem?	_____	_____	_____
144. Have you ever had a tumor of the uterus, (womb)?	_____	_____	_____
145. Have you ever had a pregnancy in your tubes?	_____	_____	_____
146. Have you ever been immunized against or had a blood test for German measles?	_____	_____	_____
147. Do you use birth control?	_____	_____	_____
Specify: _____			
148. Do you need advice regarding birth control?	_____	_____	_____
149. Do you have a troublesome vaginal discharge?	_____	_____	_____
150. Do you have a vaginal itch?	_____	_____	_____
151. Is sexual intercourse painful?	_____	_____	_____

	<u>NO</u>	<u>YES</u>	<u>WHEN</u>
152. Have you gone 6 months without a period?	___	___	_____
IF YES, IS THIS BECAUSE:			
(a) of menopause?	a ___	___	_____
(b) your menstrual period never started?	b ___	___	_____
(c) of an operation?	c ___	___	_____
(d) of pregnancy or nursing?	d ___	___	_____
(e) of other causes?	e ___	___	_____
Specify: _____			
153. If you are no longer having periods, skip to question #159.			
154. Do you have trouble with irregular periods?	___	___	_____
155. Are you troubled by cramps or backache with your periods?	___	___	_____
156. Do you have excess flow with periods?	___	___	_____
157. Do you gain weight with a period?	___	___	_____
158. Are you depressed with your period?	___	___	_____
159. Give the following information:			
(a) Date of last menstrual period: _____			
(b) Days from beginning of one period to beginning of next: _____			
(c) Number of pads/tampons used for each period: _____			
160. Has vaginal bleeding reappeared after you thought periods had ceased?	___	___	_____
161. Have you ever had infection in your tubes?	___	___	_____
162. Have you ever had an operation on your tubes or ovaries?	___	___	_____
163. Has your uterus been removed?	___	___	_____
164. Have you ever had a D&C (dilatation and curettage)?	___	___	_____
165. Havy you had other female operations?	___	___	_____
166. Do you have other female problems?	___	___	_____
167. Have you ever had an abnormal Pap smear?	___	___	_____
168. How often do you get a Pap smear? _____	___	___	_____
169. Have you noticed lumps or soreness in the breasts?	___	___	_____

- |  | <u>NO</u> | <u>YES</u> | <u>WHEN</u> |
|--|-----------|------------|-------------|
| 170. Have you had any trouble with your nipples?                         | ___       | ___        | _____       |
| 171. Have you had x-ray examinations on your breasts (mammography)?      | ___       | ___        | _____       |
| 172. Do you need educational material regarding self breast examination? | ___       | ___        | _____       |
| 173. Have your mother or sisters had breast cancer?                      | ___       | ___        | _____       |
| 174. Do you take any medication for female problems?                     | ___       | ___        | _____       |
| Specify: _____   |           |            |             |
| 175. Do you go to a gynecologist?  | ___       | ___        | _____       |

Hematology:

- |  |       |     |       |
|--|-------|-----|-------|
| 176. Have you noticed prolonged bleeding from a cut?           | ___   | ___ | _____ |
| 177. Have you noticed easy bruising?                           | ___   | ___ | _____ |
| 178. Have you noticed 'lumps' in your groin, armpits, or neck? | ___   | ___ | _____ |
| 179. Have you ever been anemic?                                | ___   | ___ | _____ |
| 180. Do you take vitamin B <sub>12</sub> or liver shots?       | ___   | ___ | _____ |
| 181. Have you ever taken iron for more than a month?           | ___   | ___ | _____ |
| 182. Have you ever had any blood disorder?                     | ___   | ___ | _____ |
| Specify: _____   |       |     |       |
| 183. Have you ever had (or do you now have):                   |       |     |       |
| (a) a bleeding disorder?                                       | a ___ | ___ | _____ |
| (b) leukemia?  | b ___ | ___ | _____ |
| (c) malaria?   | c ___ | ___ | _____ |
| (d) sickle-cell disease?                                       | d ___ | ___ | _____ |
| (e) blood destroyed by drugs?                                  | e ___ | ___ | _____ |
| (f) surgical removal of the spleen?                            | f ___ | ___ | _____ |
| (g) operation (biopsy) of a lymph node?                        | g ___ | ___ | _____ |
| (h) radioactive material used to treat a blood disorder?       | h ___ | ___ | _____ |
| (i) a blood transfusion?                                       | i ___ | ___ | _____ |
| 184. Have you had part of your stomach removed?                | ___   | ___ | _____ |

NO      YES      WHEN

185. Have you ever been exposed to excessive x-ray radiation?

\_\_\_\_\_

Specify: \_\_\_\_\_

Skin:

186. Have you had:

- |   |   |       |       |
|---|---|-------|-------|
| (a) acne?   | a | _____ | _____ |
| (b) skin rash?  | b | _____ | _____ |
| (c) a mole or moles that changed in size or color?      | c | _____ | _____ |
| (d) itching of skin?                                    | d | _____ | _____ |
| (e) hives?  | e | _____ | _____ |
| (f) hemorrhagic area in the skin?                       | f | _____ | _____ |
| (g) a skin cancer removed?                              | g | _____ | _____ |
| (h) pilonidal sinus - ingrown hair in the sinus cavity? | h | _____ | _____ |
| (i) psoriasis?  | i | _____ | _____ |
| (j) other skin problems?                                | j | _____ | _____ |

Specify: \_\_\_\_\_

Musculoskeletal:

187. Have you had back pain that interfered with your activities for 2 to 3 days? \_\_\_\_\_

188. Have you ever had joint stiffness, pain or swelling? \_\_\_\_\_

189. Have you noticed pain in the jaw joint? \_\_\_\_\_

190. Are you awakened from sleep frequently with leg cramps? \_\_\_\_\_

191. Are your muscles weak? \_\_\_\_\_

192. Do you wear an artificial limb? \_\_\_\_\_

193. Do you use a cane or crutch to walk? \_\_\_\_\_

194. Have you ever had:

- |   |   |       |       |
|---|---|-------|-------|
| (a) rheumatic fever?  | a | _____ | _____ |
| (b) arthritis of any type?                                  | b | _____ | _____ |
| (c) gout?   | c | _____ | _____ |
| (d) an operation on you back, neck, knees, or other joints? | d | _____ | _____ |
| (e) 'herniated disk?  | e | _____ | _____ |



	<u>NO</u>	<u>YES</u>	<u>WHEN</u>
195. Do you take any of the following medications for joint pain?	___	___	___
(a) Aspirin?	a ___	___	___
(b) Indocin - relieves pain, reduces fever, swelling & tenderness?	b ___	___	___
(c) Colchicine - for treatment of gouty arthritis?	c ___	___	___
(d) Allopurinol (Zyloprim) - for treatment of gout, recurrent uric acid formation, chronic joint pain?	d ___	___	___
(e) Cortisone?	e ___	___	___
(f) Gold injections?	f ___	___	___
(g) Other medications for arthritis?	g ___	___	___
Specify: _____			

196. Do you have any other joint or muscle disease?	___	___	___
Specify: _____			

Neurologic System:

197. Have you ever had severe recurring headaches?	___	___	___
198. Have you had dizzy spells or vertigo?	___	___	___
199. Have you had numbness or tingling hands or feet?	___	___	___
200. Have you lost your ability to speak for a few minutes?	___	___	___
201. Have you ever had trouble talking?	___	___	___
202. Have you had a 'black out' spell?	___	___	___
203. Have you suddenly lost track of things for a moment?	___	___	___
204. Have you had trouble with your memory?	___	___	___
205. Have you had trouble with coordination?	___	___	___
206. Have you noticed 'blindness' for a moment?	___	___	___
207. Have you ever had seizures?	___	___	___
208. Have you ever had a stroke?	___	___	___
209. Have you ever had paralysis?	___	___	___

	<u>NO</u>	<u>YES</u>	<u>WHEN</u>
210. Have you ever had a head injury?	___	___	_____
211. Have you ever had a nerve or brain operation?	___	___	_____
Specify: _____			
212. Have you ever had any other nerve or brain disease?	___	___	_____
Specify: _____			
213. Have you had any other neurologic diseases? ___	___	___	_____
Specify: _____			
214. Do you take:			
(a) Dilantin?	a ___	___	_____
(b) Phenobarbital?	b ___	___	_____
(c) medication for shaking?	c ___	___	_____
(d) Ergotamine?	d ___	___	_____
(e) medication for headaches?	e ___	___	_____
(f) other medication for a nervous system disease?	f ___	___	_____
Specify: _____			

Allergy:

215. Are you allergic to any medication, or any other substance, food, etc.?	___	___	_____
Specify: _____			
216. From you experience, are you allergic to:			
(a) wasp, bee, or other insect stings?	a ___	___	_____
(b) egg or egg products?	b ___	___	_____
(c) cosmetics, or hair dyes?	c ___	___	_____
(d) detergents, soaps, or shampoos?	d ___	___	_____
217. Have you consulted an allergist?	___	___	_____
218. If you are allergic, do you fail to carry a card or identification tag stating your allergy?	___	___	_____

NO      YES      WHEN

Immunizations:

219. Have you been immunized against:

- |                        |   |     |     |     |
|------------------------|---|-----|-----|-----|
| (a) tetanus?           | a | ___ | ___ | ___ |
| (b) diphtheria?        | b | ___ | ___ | ___ |
| (c) poliomyelitis?     | c | ___ | ___ | ___ |
| (d) whooping cough?    | d | ___ | ___ | ___ |
| (e) typhoid?           | e | ___ | ___ | ___ |
| (f) smallpox?          | f | ___ | ___ | ___ |
| (g) German measles?    | g | ___ | ___ | ___ |
| (h) any other disease? | h | ___ | ___ | ___ |

Specify: \_\_\_\_\_

Infectious Diseases:

220. List the infectious diseases or serious infections you have had, and indicate the approximate date you had them:

DATE

- |           |   |       |
|-----------|---|-------|
| (a) _____ | a | _____ |
| (b) _____ | b | _____ |
| (c) _____ | c | _____ |
| (d) _____ | d | _____ |
| (e) _____ | e | _____ |
| (f) _____ | f | _____ |
| (g) _____ | g | _____ |
| (h) _____ | h | _____ |

Family History:

221. Have any of your blood relatives had:

- |  |   |     |     |     |
|--|---|-----|-----|-----|
| (a) heart attack?                                  | a | ___ | ___ | ___ |
| (b) high blood pressure?                           | b | ___ | ___ | ___ |
| (c) diabetes?                                      | c | ___ | ___ | ___ |
| (d) rheumatic fever?                               | d | ___ | ___ | ___ |
| (e) high blood fat (cholesterol or triglycerides)? | e | ___ | ___ | ___ |
| (f) thyroid trouble?                               | f | ___ | ___ | ___ |
| (g) glaucoma before age 50?                        | g | ___ | ___ | ___ |
| (h) blindness before age 50?                       | h | ___ | ___ | ___ |
| (i) deafness before age 50?                        | i | ___ | ___ | ___ |
| (j) cystic fibrosis?                               | j | ___ | ___ | ___ |
| (k) cancer of the bowel?                           | k | ___ | ___ | ___ |
| (l) polyps of the bowel?                           | l | ___ | ___ | ___ |
| (m) cirrhosis?                                     | m | ___ | ___ | ___ |
| (n) pernicious anemia?                             | n | ___ | ___ | ___ |
| (o) bleeding disorder?                             | o | ___ | ___ | ___ |

	<u>NO</u>	<u>YES</u>	<u>WHEN</u>
(p) sickle-cell disease?	p _____	_____	_____
(q) nervous system disease?	q _____	_____	_____
(r) alcoholism?	r _____	_____	_____
(s) psychiatric illness?	s _____	_____	_____
(t) durg abuse?	t _____	_____	_____

Life Problems :

222. Are you 'nervous' ?	_____	_____	_____
223. Do you feel you are under pressure?	_____	_____	_____
224. Do you sleep poorly?	_____	_____	_____
225. Do you feel tired in the morning?	_____	_____	_____
226. Do you sleep more now than you used to?	_____	_____	_____
227. Do you feel depressed or 'blue'?	_____	_____	_____
228. Do you feel lonely?	_____	_____	_____
229. Do you have spells of crying?	_____	_____	_____
230. Have you ever wished you were not alive?	_____	_____	_____
231. Do you feel you will never get well?	_____	_____	_____
232. Do you ever have a panic-stricken feeling?	_____	_____	_____
233. Have you ever had a nervous breakdown?	_____	_____	_____
234. Have you ever been treated by a psychiatrist?	_____	_____	_____
235. Have you ever taken an overdose of pills?	_____	_____	_____
236. Have you ever attempted suicide?	_____	_____	_____
237. Do you take mood changing medications?	_____	_____	_____
238. Do you feel you have an emotional problem?	_____	_____	_____
239. Are you unhappy?	_____	_____	_____
240. Do you feel you have too many responsibilities?	_____	_____	_____
241. Do you feel dissatisfaction from most of the things you do?	_____	_____	_____

Medications:

242. Please list all the medications you are currently taking, and indicate the dosage:

DOSAGE

(a)	_____	a	_____
(b)	_____	b	_____
(c)	_____	c	_____
(d)	_____	d	_____
(e)	_____	e	_____
(f)	_____	f	_____
(g)	_____	g	_____
(h)	_____	h	_____
(i)	_____	i	_____

243. Please list all surgical procedures you have had and with approximate dates:

DATE

(a)	_____	a	_____
(b)	_____	b	_____
(c)	_____	c	_____
(d)	_____	d	_____
(e)	_____	e	_____

Patient Profile:

244. Please state your occupation:

\_\_\_\_\_

245. If you are retired or if you are not working, state your hobbies and special interests:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

246. Describe your usual day's activities and meals. Check 'yes' if anything about them should be a problem:

NO      YES

Morning (breakfast):	_____	_____	_____
(activities):	_____	_____	_____
Afternoon (lunch):	_____	_____	_____
(activities):	_____	_____	_____
Evening (dinner):	_____	_____	_____
(activities):	_____	_____	_____
Snacks when:	_____	_____	_____
what:	_____	_____	_____

	<u>NO</u>	<u>YES</u>	<u>WHEN</u>
247. Do you live:			
(a) alone?	a	_____	_____
(b) with parent(s)?	b	_____	_____
(c) with spouse?	c	_____	_____
(d) with friend(s)?	d	_____	_____
(e) with child (children)? Number _____	e	_____	_____
(f) with other relative(s)?	f	_____	_____
Specify: _____			
248. Are you:			
(a) single?	a	_____	_____
(b) married?	b	_____	_____
(c) remarried?	c	_____	_____
(d) divorced?	d	_____	_____
(e) separated?	e	_____	_____
(f) widowed?	f	_____	_____
249. Is your spouse ill?	_____	_____	_____
250. If you are married, are there problems?	_____	_____	_____
251. Do you have children? How many? _____	_____	_____	_____
252. Has there been an increase in arguments in your household?	_____	_____	_____
253. Do you have problems with finances?	_____	_____	_____
254. Are you retired? For how long? _____	_____	_____	_____
255. If you are not working but not retired, how long have you been unemployed?	_____	_____	_____
256. Have you never worked regularly outside the home?	_____	_____	_____
257. If you are working, are you unhappy with your work?	_____	_____	_____
258. How many hours each week do you work?	_____	_____	_____
259. How many weeks vacation do you take annually?	_____	_____	_____
260. State the highest level you attained in school: _____	_____	_____	_____
261. Do you drink alcohol?	_____	_____	_____
(a) how much per week? _____			

	<u>NO</u>	<u>YES</u>	<u>WHEN</u>
(b) find that your family objects to your drinking?	b _____	_____	_____
(c) find that drinking interferes with your work?	c _____	_____	_____
(d) consider drinking to be a problem?	d _____	_____	_____
(e) Have you been admitted to a hospital because of drinking?	e _____	_____	_____
262. Do you smoke?	_____	_____	_____
(a) Do you feel you should stop?	_____	_____	_____
263. Do you feel you are overworked?	_____	_____	_____
264. Do you have too little time to eat your meals?	_____	_____	_____
265. Do you need more leisure time?	_____	_____	_____
266. Has there been any change in your sexual activity?	_____	_____	_____
267. Have you avoided being safety-conscious?	_____	_____	_____
268. Are you at a loss on how to give mouth to mouth resuscitation?	_____	_____	_____
269. Are you at a loss regarding what to do at the scene of an accident?	_____	_____	_____
270. Are you at a loss regarding what to do when a person faints?	_____	_____	_____
271. Do you need additional information about accidental poisoning?	_____	_____	_____
272. Would you like to have a copy of this questionnaire?	_____	_____	_____

Additional Comments

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